

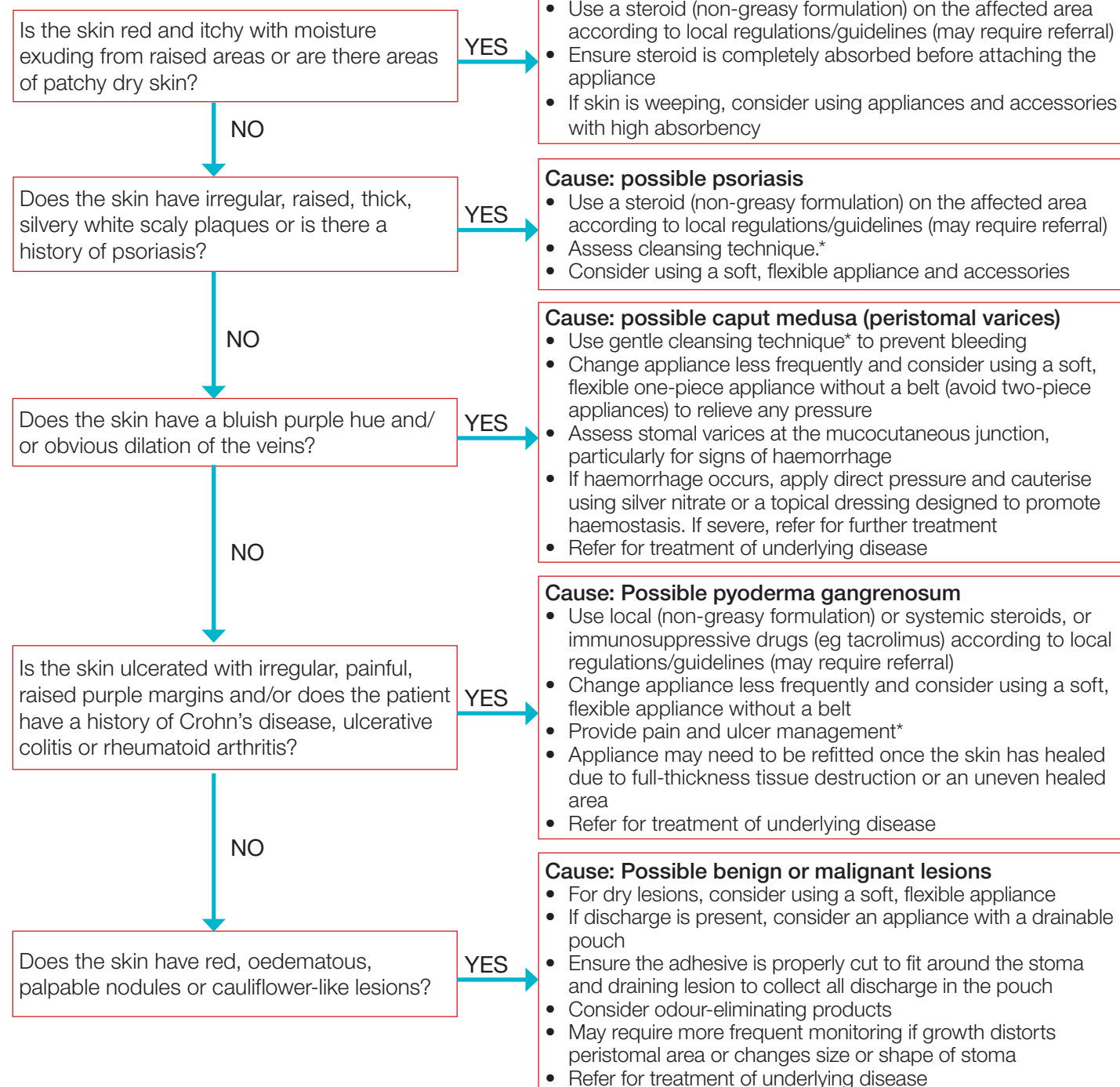
# AIM Guide for Peristomal Skin Care - Disease and Infection Related

## Disease Related - Visual Symptoms

- Solitary or multiple lesions
- Lesions indurated or ulcerated
- Red to purplish discolouration
- Necrosis with undermined ulcer edges
- Bleeding or purulent exudate
- Erythematous, thick, silvery-white, scaly plaques
- Fistula
- Köbners phenomenon (consequence of psoriasis)

### Assess Cause

### Care Guidance

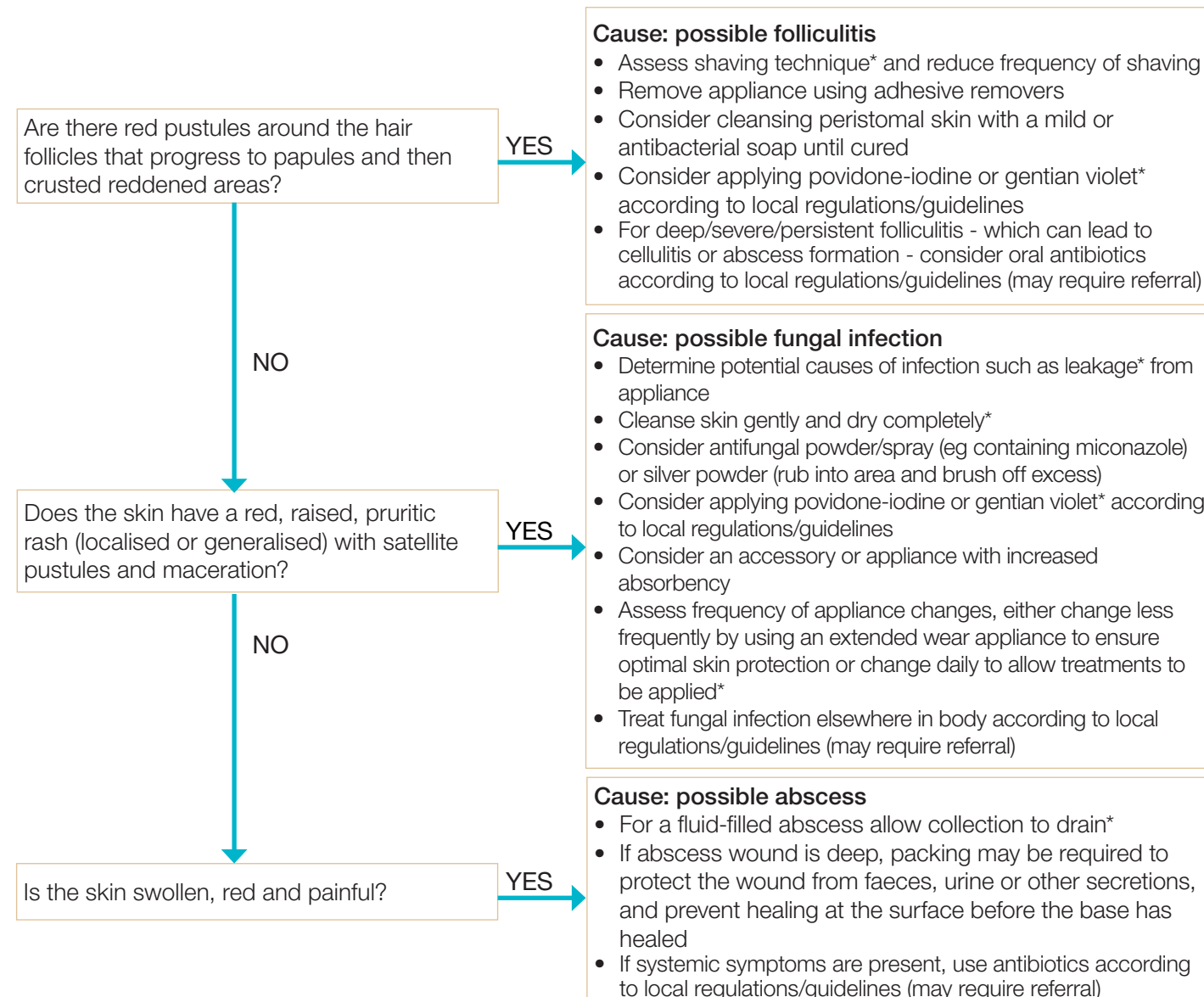


## Infection Related - Visual Symptoms

- Discoloured (redness, hyperpigmentation)
- Red papules with a white top
- Maceration (moist, white-coloured softening of skin); may include satellite lesions at the periphery
- Papules, pustules (folliculitis)
- Swelling / oedema

### Assess Cause

### Care Guidance



\* See the List of Practical Care Tips in the Ostomy Skin Tool Handbook for further information

\*\* This is not recommended in premature babies

Note: All information is based where possible on the best available evidence. For a list of references and their level of evidence see References in the Ostomy Skin Tool Handbook

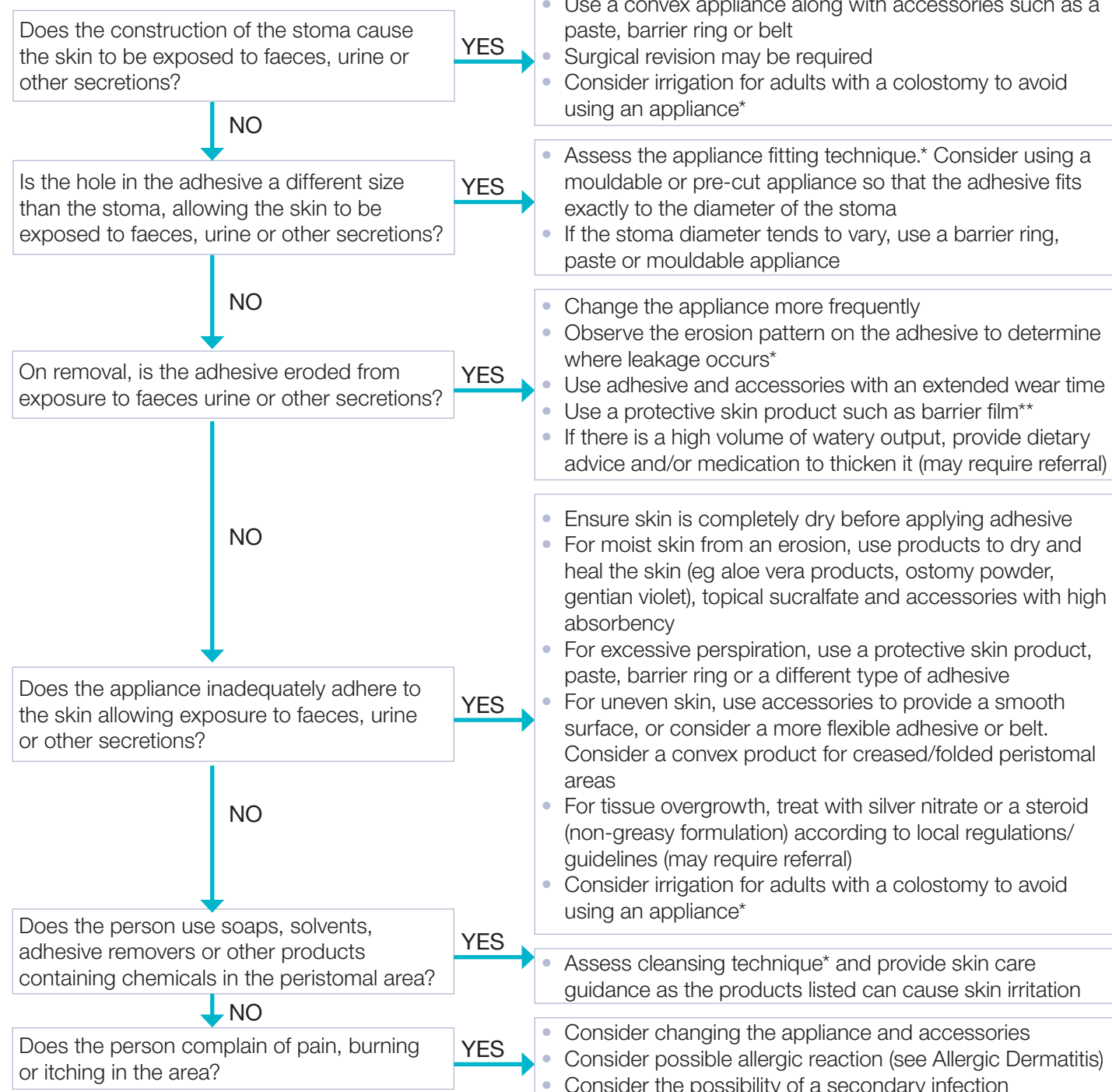
# AIM Guide for Peristomal Skin Care - Chemical Irritation

## Irritant Contact Dermatitis - Visual Symptoms

- Red or discoloured skin and/or
- Loss of epidermis and/or
- Moist skin surface and/or
- Bleeding skin surface and/or
- Hyperplasia (wart-like papules, nodules, white grey or reddish-brown hyperkeratosis) and/or
- Ulcer/wound involving all three skin layers
- Maceration (moist, white-coloured softening of the skin)

### Assess Cause

### Care Guidance

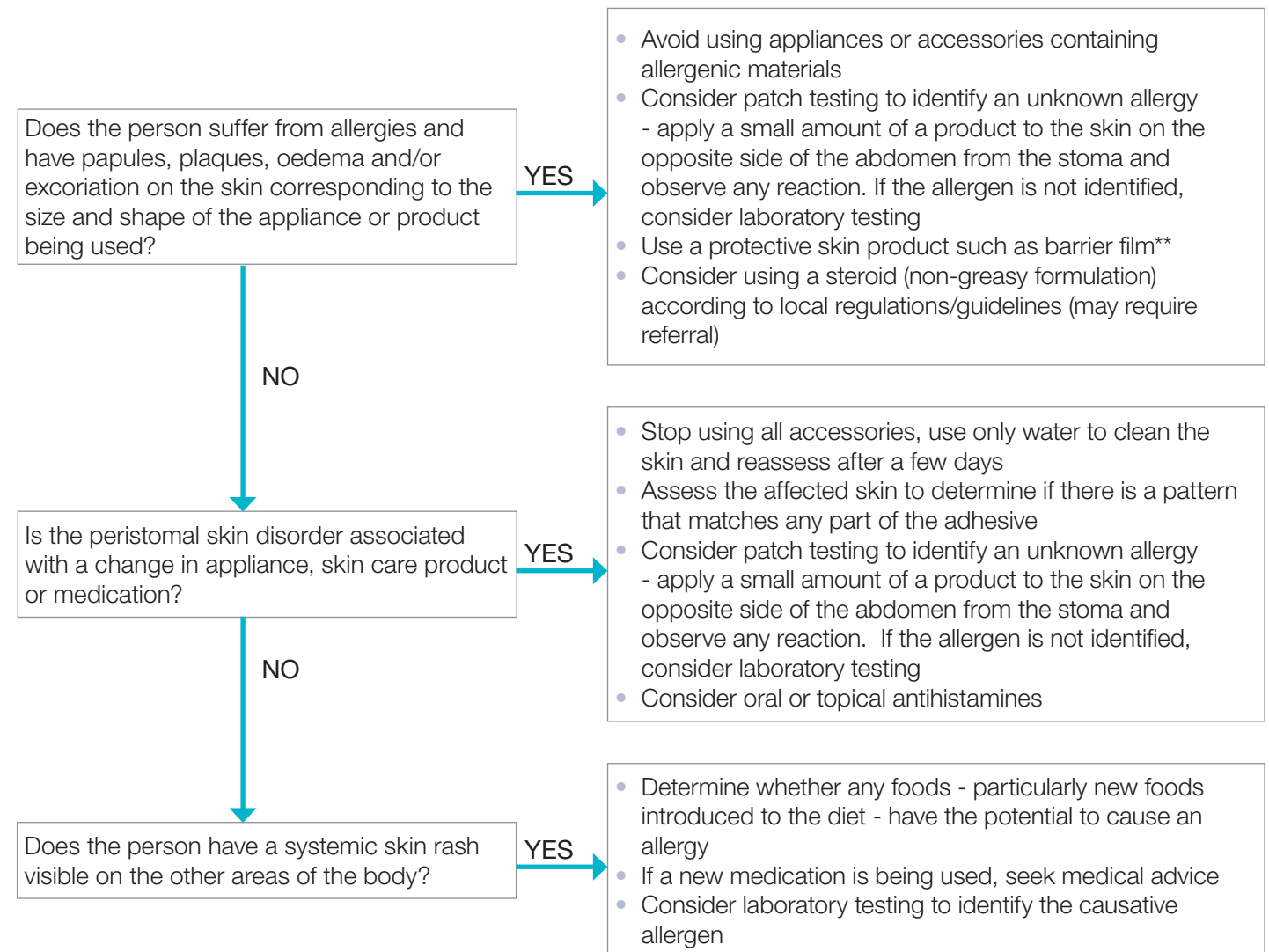


## Allergic Dermatitis - Visual Symptoms

- Red, irritated skin corresponding to the shape of the adhesive contact surface

### Assess Cause

### Care Guidance



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# AIM Guide for Peristomal Skin Care

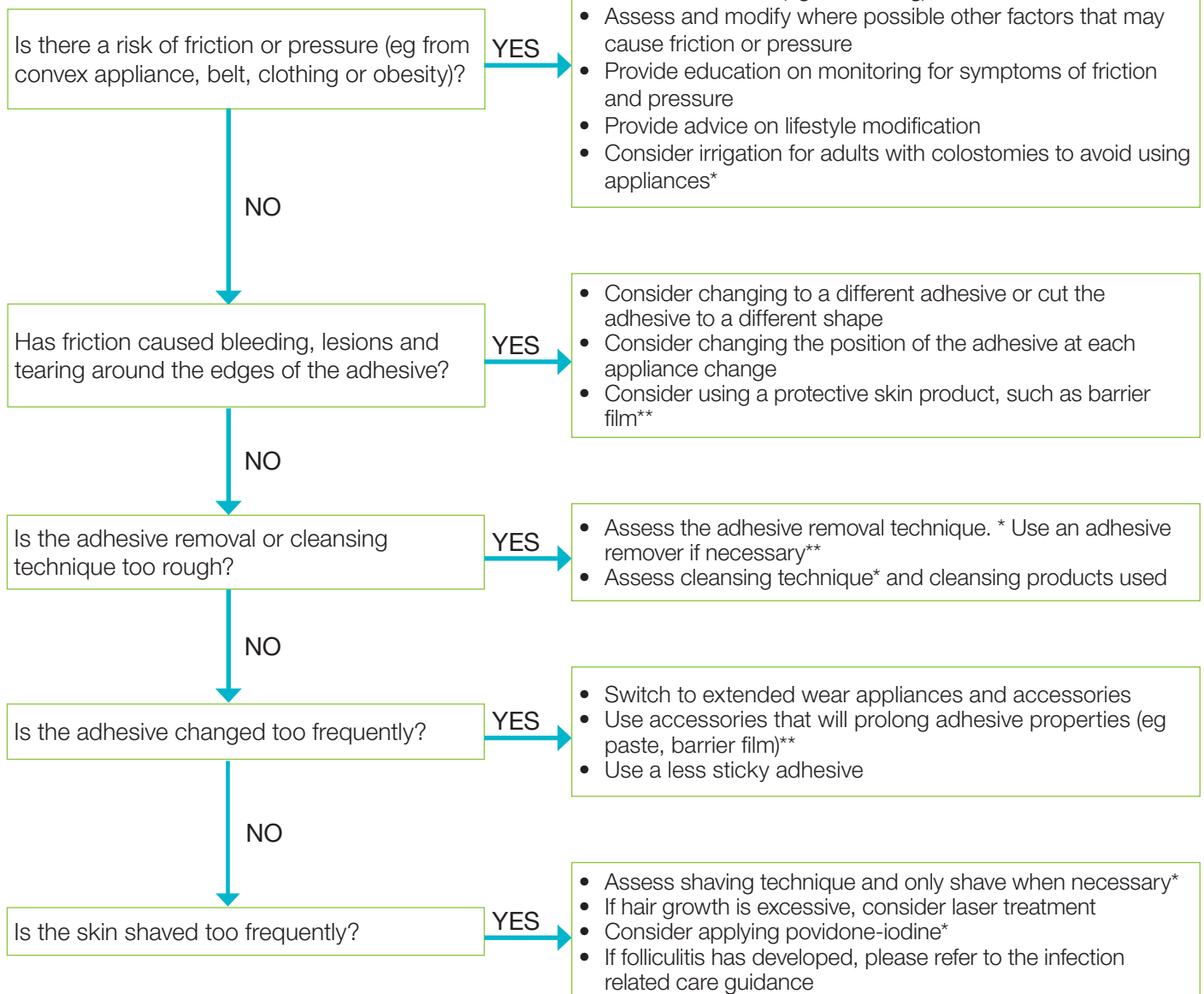
## Mechanical Trauma

### Visual Symptoms

- Discolouration and/or
- Loss of epidermis - full thickness tissue loss can be seen and/or
- Moist skin surface and/or
- Bleeding skin surface and/or
- Pain
- Lesions have irregular borders

### Assess Cause

### Care Guidance



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