

Body Assessment

Define your patient's peristomal body profile
as part of your holistic assessment

Patient name:

Patient record no.:

Nurse name:

Hospital:

Date:

1	The form of the area around the stoma. The form may change when sitting, lying down or moving.		Regular	The area is more or less level with the abdomen, although the skin surface may be uneven
			Inward	Sinks into the abdomen creating a hollow
			Outward	Rises from the abdomen creating a peak

Regular



Inward



Outward



2	Selected form being uniform or variable		Uniform	The form is consistent across the stoma area
			Variable	The form is not consistent across the stoma area

**Regular
Uniform**



**Inward
Uniform**



**Outward
Uniform**



Variable



Variable



Variable



3	Soft or firm abdomen		Soft	The area yields to pressure (like when pressing a water mattress)
			Firm	The area resists pressure (like when pressing under your heel)

Soft abdomen



Firm abdomen



4	Superficial creases or deep folds		Superficial	The skin is lined, furrowed or wrinkled
			Deep folds	The area has deep folds of loose skin or excess fat

Superficial creases

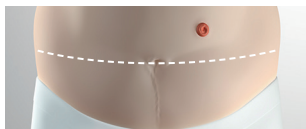


Deep folds

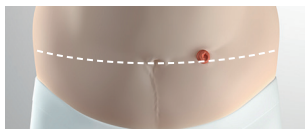


5	Location of stoma		Above bending line	The stoma is located near the ribs
			At bending line	The stoma is located where abdomen folds
			Under bending line	The stoma is located below the bending line

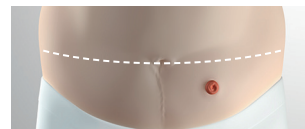
Above bending line



At bending line



Below bending line



6	Position of the stoma opening		Above skin surface	The stoma rises over the skin surface
			Level with skin surface	The stoma is level with the skin
			Below skin surface	The stoma is retracted from the skin

Stoma opening above skin surface



Stoma opening level with skin surface



Stoma opening below skin surface



7	Type of output		Thick stool	
			Liquid stool	
			Urine	

Key issues

Recommended ostomy solution

Adhesive shape				Pouching system		Type of pouch	
	Flat		Convex Deep		1-piece		Open
	Convex Soft		Concave		2-piece (mechanical coupling)		Closed
	Convex Light		Other		2-piece (adhesive coupling)		Uro

Supporting products

If you have any queries please contact your local Coloplast Rep

