Developed in cooperation with the Coloplast Global Advisory Board



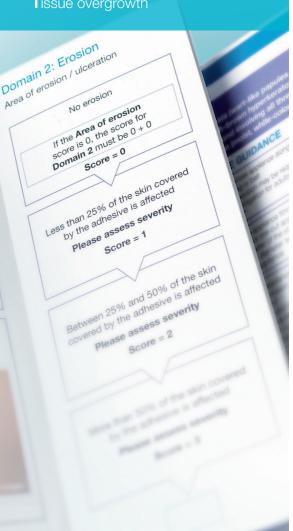
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# DET Score

Discolouration Erosion Tissue overgrowth



## How to calculate the DET Score

#### Step 1:

Examine the peristomal skin (not the stoma mucosa) and evaluate the skin based on the descriptions in each of the three domains (discolouration, erosion and tissue overgrowth).

Maximum points in each domain:

- 3 points for the size of the affected area
- 2 points for the severity

#### Step 2:

Assess the **size of the area** affected in each of the three domains and score based on the key (right).

photographs as a guide.

Assess the **severity** in each of the three domains using the definitions and

25–50% 2 >50% 3 \*Area is defined as the peristomal skin area that is covered by the

Area\* affected Score

0

Jnaffected

:25%

adhesive

- If there is no discolouration then the skin is healthy - the area score is 0 and the total DET score must be 0.
- If there is discolouration, assess the area affected and the severity within this domain and in the other two domains.
- If the area score is 0 in either the erosion or tissue overgrowth domains then the severity score within that domain will automatically be 0 as well.

For each of the three domains calculate the subscore.

#### Step 3:

Calculating the Total score

 Calculate the Total score (maximum 15) by adding all of the subscores from each domain together

Please go through the descriptions for each score in the scoring system every time you perform an assessment. The total DET score gives information on overall severity, while the subscores for each domain help define the skin problem.

Note: In a situation where a large area of skin with low severity includes a small area with a high severity, the highest severity should always be scored even though the area is small.

# Domain 1: Discolouration

Area of discolouration (including eroded areas and tissue overgrowth)

Normal skin (absence of any visible change and damage to epidermis)

If the Area of discolouration score is 0, the score for Domain 1 must be 0 + 0. The skin is normal and the **Total score** must be 0

Score = 0

Less than 25% of the skin covered by the adhesive is affected

Please assess severity

Score = 1

Between 25% and 50% of the skin covered by the adhesive is affected Please assess severity

Score = 2

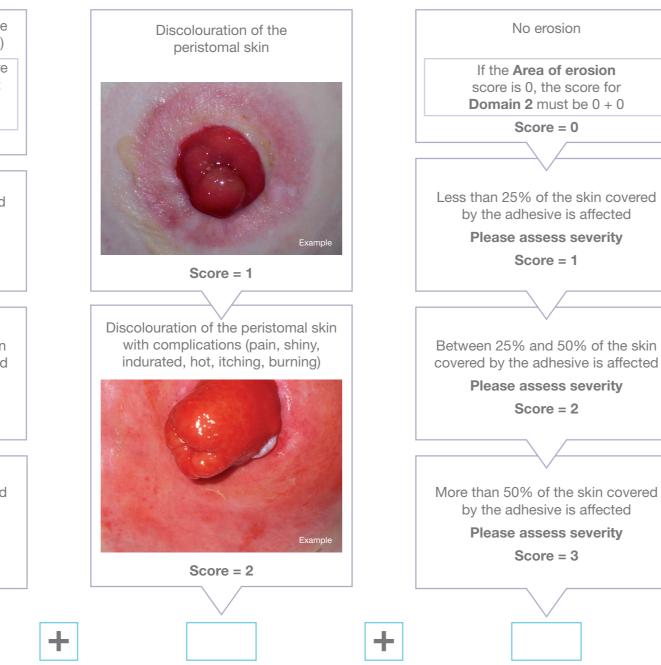
More than 50% of the skin covered by the adhesive is affected

Please assess severity

Score = 3

## Domain 1: Discolouration

Severity of discolouration



## Domain 2: Erosion

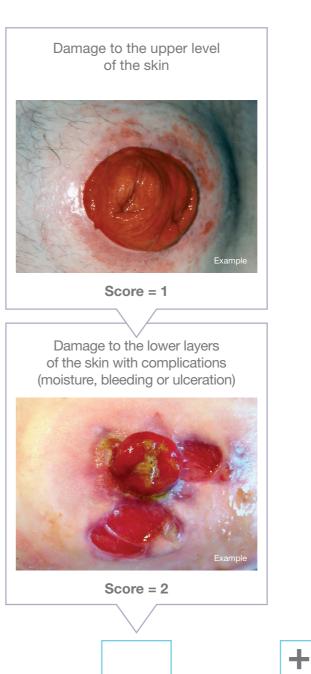
Area of erosion / ulceration

# Domain 2: Erosion

Severity of erosion / ulceration



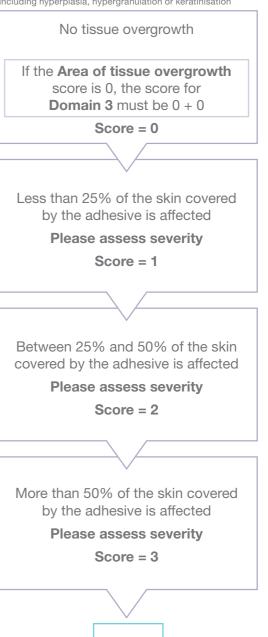
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## Domain 3: Tissue overgrowth\*

Area of tissue overgrowth

\*Tissue overgrowth is defined as raised tissue above skin level including hyperplasia, hypergranulation or keratinisation



# Domain 3: Tissue overgrowth

Severity of tissue overgrowth



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