

# Peristomal body profile assessment tool

Define your patient's peristomal body profile to identify an appropriate ostomy solution

Patient name \_\_\_\_\_

Date \_\_\_\_\_

Nurse name \_\_\_\_\_

1

## The form of the area around the stoma

The form may change when sitting, lying down or moving.

**Regular**

The area is more or less level with the abdomen, although the skin surface may be uneven

**Inward**

Sinks into the abdomen creating a hollow

**Outward**

Rises from the abdomen creating a peak

**Regular**



**Inward**



**Outward**



2

## Selected form being uniform or variable

**Uniform**

The form is consistent across the stoma area

**Variable**

The form is not consistent across the stoma area

**Regular**

**Uniform**



**Inward**

**Uniform**



**Outward**

**Uniform**



**Variable**



**Variable**



**Variable**



3

## Soft or firm abdomen

**Soft**

The area yields to pressure (like when pressing a water mattress)

**Firm**

The area resists pressure (like when pressing under your heel)

**Soft abdomen**



**Firm abdomen**



4

## Superficial creases or deep folds

**Superficial**

The skin is lined, furrowed or wrinkled

**Deep folds**

The area has deep folds of loose skin or excess fat

**Superficial creases**

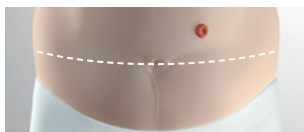


**Deep folds**

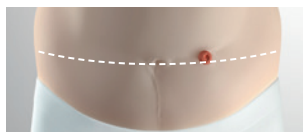


5	Location of stoma	Above bending line	The stoma is located near the ribs
		At bending line	The stoma is located where abdomen folds
		Under bending line	The stoma is located below the bending line

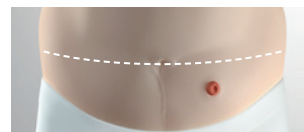
Above bending line



At bending line



Below bending line



6	Position of the stoma opening	Above skin surface	The stoma rises over the skin surface
		Level with skin surface	The stoma is level with the skin
		Below skin surface	The stoma is retracted from the skin

Stoma opening above Skin surface



Stoma opening level with Skin surface



Stoma opening below skin surface



7	Type of output	Thick stool	
		Liquid stool	
		Urine	

#### Recommended ostomy solution

Adhesive shape*		Pouching system		Type of pouch	
	Flat		1-piece		Open
	Convex Soft		2-piece (mechanical coupling)		Closed
	Convex Light		2-piece (adhesive coupling)		Uro
	Convex Deep				
	Concave				
	Other				

#### Supporting products\*\*

\*Please refer to "Your guide to ostomy solutions based on individual needs".

\*\*Please refer to the Brava Solution Wheel.

Please contact your local Coloplast office or Representative for more information.